

Verónica Real Morte



Basic English for **BEAUTY THERAPY**

Student's Book

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1

CAREERS

Vocabulary: Jobs; Workplaces; Beauty Therapy
Reading: Careers in beauty and hairdressing

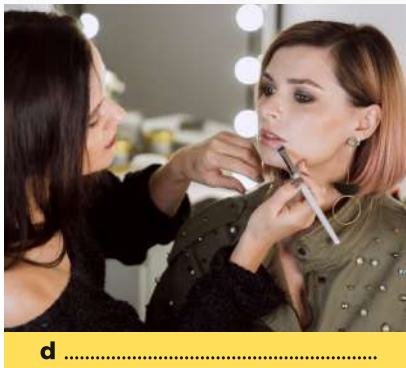
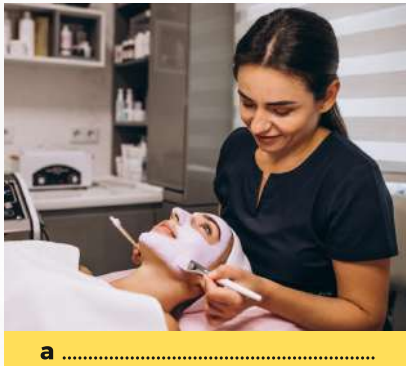
Grammar: Present simple
Listening: Studying Beauty Therapy

Speaking: Making an appointment
Writing: An informal email

Jobs in beauty

1 Label the pictures with the words in the box.

nail technician · makeup artist · beauty instructor · massage therapist · beautician · beauty trainee



2 Complete the sentences with the words in exercise 1.

- Laura applies nail polish and does manicures and pedicures. She's a
- My mother applies makeup for special events. She's a
- I do facials and basic body treatments for clients. I'm a
- Mr Johnson teaches students how to do beauty treatments and basic massages. He's a
- I give massages using different techniques. I'm a
- Amanda is learning how to do beauty treatments in a beauty salon. She's a

3 Match the verbs in A with the words in B to create more jobs in hair and beauty.

A	B
1. hair	a) consultant
2. beauty	b) stylist
3. sales	c) manager
4. salon	d) representative



4 Write the name of the professional who does each task. Use the words in exercise 3.

- They cut, style and colour hair.
- They supervise the salon's activities.
- They help clients choose beauty products and treatments.
- They sell beauty products to clients or shops.

Workplaces

5 Complete the sentences with the correct workplaces (a-f).

- a) wellness centre
- b) beauty salon
- c) cosmetics shop
- d) nail salon
- e) vocational school
- f) fashion shows

- 1) Mary is a nail technician. She works in a
- 2) Anne is a beauty instructor. She works in a
- 3) Celine is a makeup artist. She works in
- 4) Paul is a beauty consultant. He works in a
- 5) Tom and Sarah are spa therapists. They work in a
- 6) Angela is a beautician. She works in a

Beauty Therapy

6 Complete the text with the words in the box.

assistant · treatments · products · models · techniques · help



If you want to become a beautician, you need to go to a beauty school. There you learn how to do different **a)**..... like facials, manicures and massages. First, you practise on **b)**..... and then on real people.

After finishing school, you start as a beauty **c)**..... in a salon. You **d)**..... other beauticians and tidy the salon. With time and practice, you can start giving treatments. Part of the job is also to sell beauty **e)**..... to clients.

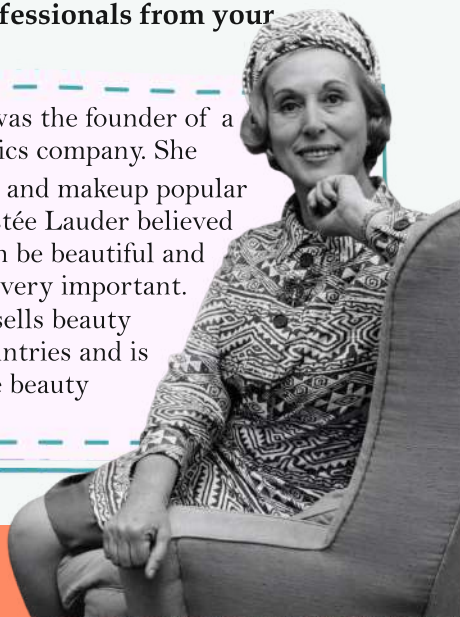
To be a good beauty professional, it is important to keep learning. You can take courses to learn new **f)**.....

Being a beauty professional is a fun job. You make people feel good and they leave the salon happy.

7 Read about Estée Lauder. Do you know any famous beauty professionals from your country?

Did You Know?

Estée Lauder was the founder of a famous cosmetics company. She helped make skincare and makeup popular all over the world. Estée Lauder believed that every woman can be beautiful and that good skincare is very important. Today, her company sells beauty products in many countries and is very important in the beauty industry.



8 Work in pairs. Ask and answer these questions.

a) What do you study?

I study

b) What would you like to be in the future?

I'd like to be a

c) Where would you like to work?

I'd like to work in a

d) Why do you like beauty therapy?

I like beauty therapy because

1 Read the following text.

CAREERS IN BEAUTY AND HAIRDRESSING

The beauty and hairdressing industry has many exciting job opportunities. Each job needs creative and practical skills to help people look and feel good. Learn about the daily work of these professionals in beauty and hairdressing.

KATHY



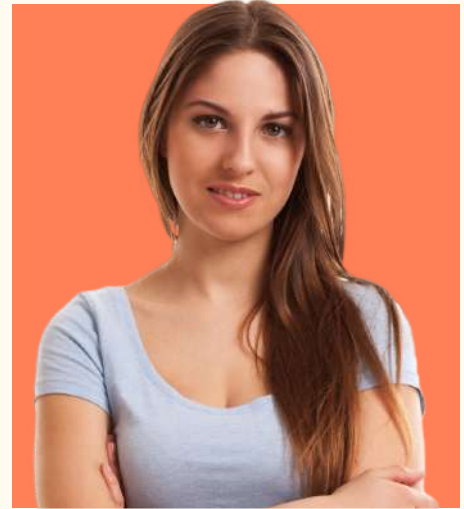
I love cutting and styling hair in my mother's salon. Every day, I meet different people and help them look beautiful. My favourite part of the job is creating new hairstyles for special occasions like weddings and parties. I also enjoy talking to my clients and making them feel happy.

STEVE



I give massages and relaxing treatments to clients. I use oils, creams and special tools for massages. I work in a wellness centre, so I need to be calm and careful. It's always nice to see my clients leave feeling relaxed and happy.

SOPHIE



In the morning I work in a beauty salon where I do manicures and pedicures. In the afternoon I teach at a nail school where I show students how to paint nails with colourful nail polish and create nail art designs. I love my job because I can be creative every day.

MATTHEW



I help people take care of their skin. I give facials, recommend skincare products and teach clients how to keep their skin healthy. I enjoy learning about new skincare techniques and products.

JANET

I apply makeup for special events like weddings and photoshoots. I also give makeup lessons. I love experimenting with different colours and styles to create the perfect look for each person.



Reading comprehension

2 Read the text again and guess the job of each person.

- a) Kathy works as a
- b) Steve works as a
- c) Sophie works as a and
- d) Matthew works as a
- e) Janet works as a and

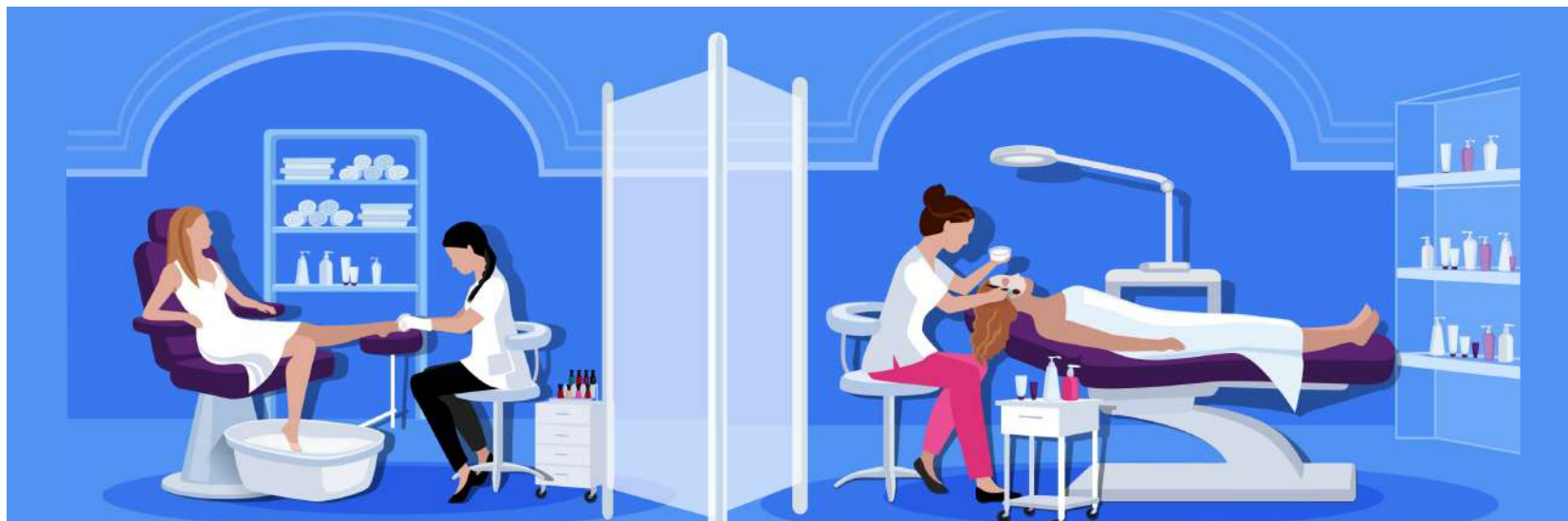


3 Answer the questions according to the information in the texts.

- a) Where does Kathy work?
- b) Why does Steve need to be calm?
- c) When does Sophie work at the nail school?
- d) What treatment does Matthew do for skin care?
- e) For what occasions does Janet do makeup?

4 Find words in the text with these meanings.

- a) Ceremony where two people get married.
- b) Liquids used to make massages smooth and relaxing.
- c) Substance used to decorate fingernails and toenails.
- d) A treatment for your face that cleans, exfoliates and moisturises the skin.
- e) To put cosmetic products onto the skin or hair.



Present simple

1 Read the explanation.

We use the present simple to talk about facts and routines.

- I **study** Beauty Therapy.
- She never **cleans** the salon.
- We **don't practise** with real clients.
- He **doesn't have** a beauty salon.

AFFIRMATIVE		NEGATIVE	
I	work.	I	don't work.
You		You	
He She It	works.	He She It	doesn't work.
We		We	
You	work.	You	don't work.
They		They	

2 Complete the sentences with the verbs in brackets. Use the present simple in affirmative.

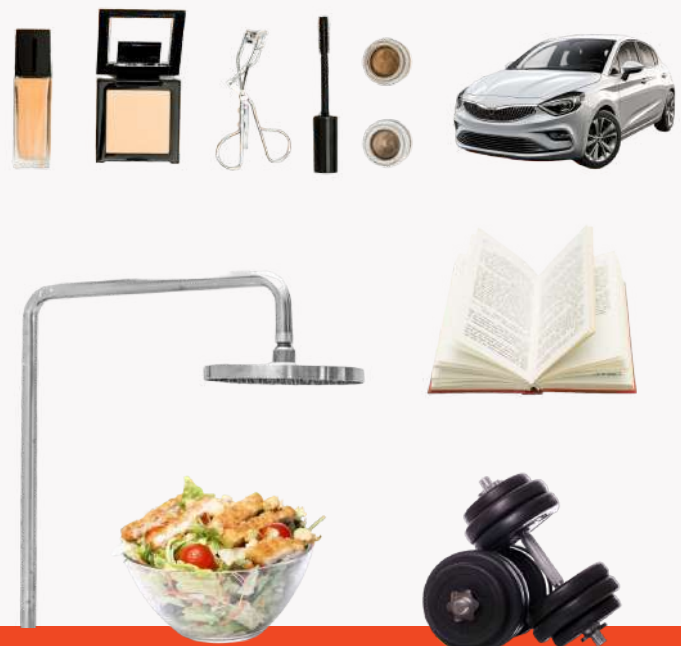
- a) My father (need) a haircut.
- b) She (open) the salon at 9.
- c) We (offer) discounts on Tuesdays.
- d) Alice (sell) skincare products.
- e) Our teachers (help) us a lot.
- f) My friend Sarah (study) Hairdressing.
- g) I (love) learning new techniques.
- h) Miss Green (teach) English.
- i) The client (want) an elegant makeup for a party.

3 Transform these sentences from affirmative to negative.

- a) We cut men's hair.
- b) They have five massage tables in the spa.
- c) Declan uses eco-friendly cosmetics.
- d) I recommend this eyeshadow.
- e) She does her makeup every day.
- f) We accept walk-in clients.
- g) He finishes work at 7.



4 Work in pairs. Talk about the activities that Rachel does every day.



5 Read the explanation.

We use the present simple to ask questions about facts and routines.

Yes/No questions

- **Do** you **sell** cosmetics? Yes, I **do**.

- **Does** he **sell** cosmetics? No, he **doesn't**.

Wh-questions

- What **do** you **study**?

I study Beauty Therapy.

- What **does** she **study**?

She studies Beauty Therapy.

QUESTIONS				ANSWERS					
(Wh-)	Do	I	work?	Yes,	I	do.	No,	I	don't.
		you			you			you	
	Does	he	work?	Yes,	he	does.	No,	he	doesn't.
		she			she			she	
	Do	it			it			it	
		we			we			we	
you		work?	you		do.	you		don't.	
		they			they			they	

6 Make questions using the present simple.

a) you / live / near the school?

b) you / have / a laptop?

c) you / speak / French?

d) you / wear / glasses?

e) you / dye / your hair?

f) you / like / reading?

8 Complete the questions with the verbs in brackets. Use the present simple.

a) Where she (buy) her makeup?

b) What your sister (use) for her manicure?

c) When they (go) to the gym?

d) Why he (colour) his hair?

e) How often you (wax) your legs?

7 Work in pairs. Ask and answer the questions in exercise 6. Then, write down your partner's answers.

-
-
-
-
-
-

9 Match the questions in exercise 8 (a-e) to the correct answers (1-5).

- Once a month.
- After school.
- In a cosmetics shop.
- Nail polish.
- Because he has many grey hairs.



1 LISTENING

Studying Beauty Therapy

1 Emily studies a vocational training course in Beauty Therapy in the UK. Have a look at her timetable. Does she have the same subjects as you?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3.15				Cosmetic Products	
4.05	Facial Treatments	Facial Treatments	Cosmetic Products	Digital skills	Facial treatments
4.55			Digital skills	Client Consultation	
5.45	B	R	E	A	K
6.00					Health and Wellbeing
6.50	Makeup	Manicure and Pedicure	Makeup	Manicure and Pedicure	Client Consultation
7.40					
8.30					



2 Emily is an exchange student in Spain. Listen to her talking about her school routine and choose the correct answer -a, b or c.

1. Which of these subjects does Emily mention?

- a) Body Treatments
- b) Waxing Treatments
- c) Facial Treatments

2. What is the difference between the classes in England and in Spain?

- a) There are more exams in Spain.
- b) The classes are longer in England.
- c) The classes are more practical in Spain.

3. How does Emily go to school?

- a) She goes by car.
- b) She takes the bus and the underground.
- c) She walks to school because it isn't far from her home.

4. Why does Emily use her own brushes in class?

- a) Because there aren't any brushes in the classroom.
- b) Because the brushes in the classroom aren't good.
- c) Because her brushes are top quality.

5. Why does Emily like the Makeup class?

- a) Because they learn many things.
- b) Because all the students work together.
- c) Because the teacher is very creative.

6. How does Emily describe the food in the school's canteen?

- a) It's good but very expensive.
- b) It's delicious and not very expensive.
- c) It isn't very healthy.

7. What does she like about Spain?

- a) The people and the food.
- b) The people and the weather.
- c) The people and the language.

4 Find out the names of the subjects that you will have in second year. Use the internet to help you.

Beauty Therapy



3 Work in pairs. Ask and answer the questions.

- a) How do you usually go to school?
- b) What facilities does your school have?
- c) What is your favourite subject? Why?
- d) What do you do during the breaks?

Making an appointment

1 Read the dialogue between a receptionist and a client. What do the highlighted expressions mean?

Receptionist: Good morning, Green salon. How can I help you?

Client: Good morning. I'd like to book an appointment for a facial.

Receptionist: Sure! When would you like to come in?

Client: Can I come tomorrow afternoon?

Receptionist: Let me check. Yes, we have an opening at 3:30. Is that okay for you?

Client: Yes, 3:30 is fine. Can I book that, please?

Receptionist: Of course. Can I have your name and phone number?

Client: My name is Emma Stammers and my number is 870539241.

Receptionist: Great, Ms Stammers. How do you spell your surname?

Client: It's S-T-A-M-M-E-R-S.

Receptionist: Thank you, Ms Stammers. You have an appointment for a facial tomorrow at 3:30 pm. See you then!

Client: Thank you! Bye!



2 Work in pairs and role-play these situations.

Situation 1

Student A (Client)

Name: Julie Rice

Service: Facial

Day: Monday afternoon

Phone number: 890637053

Student B (Receptionist)

Name: Sophia Green, from Green salon.

Availability: Monday at 5 pm.

Situation 2

Student B (Client)

Name: Susan Cooper

Service: Manicure

Day: Thursday morning

Phone number: 356257410

Student A (Receptionist)

Name: Bob Green, from Green salon.

Availability: Thursday at 11 am.

USEFUL LANGUAGE

Greetings:

- Good morning.
- Good afternoon.

Introductions:

- This is (name) from (salon name). How can I help you?

Specific information:

- When would you like to come in?
- Can you come on (day) at (time)?

Confirming details:

- We have an opening at (time).
- Is that okay for you?
- Can I have your name and phone number?

Finishing the conversation:

- Your appointment is on (day) at (time).
- See you then!
- Have a wonderful day!
- Bye!

1 WRITING



An informal email

1 Read the email. What is the meaning of PS at the end of it?

New message

To claudia_hairdresser@mail.com

Subject Hi from Dublin!

Hi Claudia,

Thank you for your email. I'm very happy to hear from you. I'm in my first year of Hairdressing because I'd like to work as a hairdresser in the future. I go to school from Monday to Friday. My classes start at 8 am and finish at 3 pm.

My teachers are very nice and I really enjoy the lessons. We learn to cut, style and colour hair. I'm quite good at cutting hair, but I don't like shaving men's beards. I find it really difficult.

The school is not very big, but we have a large room where we welcome clients and practise performing treatments. There is also a big canteen where we meet during the breaks. I don't have time to go home for lunch, so I usually eat there.

I don't have much free time because I have a lot of homework. I'm also very busy in the afternoons. I go to the gym three days a week and I have English lessons twice a week. In addition, I work in a beauty centre on Saturday mornings, where I give manicures and pedicures.

Well, that's all my news. Please write soon and tell me about yourself.

Best wishes,
Eli

PS: I'm sending some pictures.

Send

2 Read the text again and answer the questions.

- a) What time does Eli start and finish school?
- b) Does she like shaving beards? Why or why not?
- c) Where does she have lunch?
- d) How often does she go to English lessons?
- e) When does she work?

3 Where can you find the following expressions in an email? Write *Opening* or *Closing*.

- a) I hope to hear from you soon.
- b) Take care,
- c) How's it going?
- d) Best,
- e) Dear Albert,
- f) Well, that's all my news.
- g) I hope you're doing well.

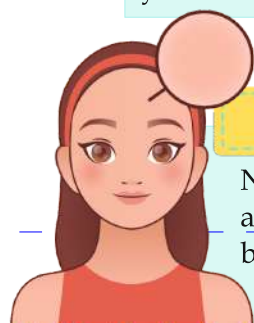
4 Write an email about your school routine. Include information about your school, your subjects and your free time.

GET MORE TECHNICAL



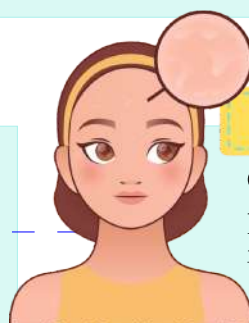
Skin types

There are different skin types, and each skin type needs different care. It is important to know your skin type to choose the right cosmetics and treatments.



Normal skin

Normal skin is balanced and healthy, and it feels comfortable. It needs basic daily care, like a gentle cleanser and a light moisturiser.



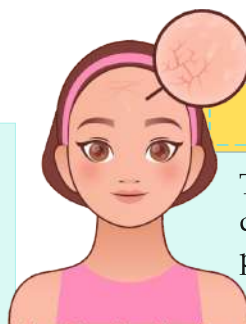
Oily skin

Oily skin looks shiny and greasy. It produces more sebum. It needs oil-free products to control oil.



Dry skin

Dry skin feels tight. It needs extra hydration. You need to use a rich moisturiser and hydrating serums.



Combination skin

The T-zone is oily, but the cheeks are dry. Sometimes you need different products for each area.



Sensitive skin

Sensitive skin is easily irritated. It can look red and feel uncomfortable. It is necessary to use mild and fragrance-free products.

1 Read the sentences and write the skin type.

- The cheeks are dry and the T-zone is oily.
- It produces more sebum.
- You need to use hydrating products.
- It doesn't need specific care.
- You need to use fragrance-free products.

2 Complete the sentences about the skin using the words in the box.

sebum · healthy · shiny · oil-free

- Normal skin is balanced and
- cosmetics are good for oily skin.
- is a natural oil produced by the skin.
- Oily skin looks because it produces a lot of sebum.